

### **Building Stepfamilies That Work** ®

### Bibliography of Additional Resources

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Albert, Linda Coping with Kids. New York: Ballantyne Books, 1984

Sound, workable answers to many of the questions parents ask every day.

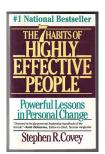


Chansky, Tamar E.

Freeing Your Child From Anxiety.

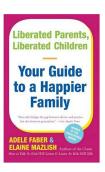
New York: Broadway Books, 2004

Powerful, practical solutions to overcome your chil'd fears, worries, and phobias.



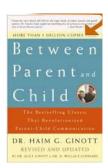
Covey, Stephen
Seven Habits of Highly Effective People.
New York: Simon & Schuster, 1990

Insightful. Helpful for people building or rebuilding their lives.



Faber, Adele & Mazlish, Elaine Liberated Parents Liberated Children. Avon Books, 1975

How the teachings of famed child psychologist Dr. Haim G. Ginott helped a group of parents and children find new understanding and fulfillment in family relationships.



## Ginott, Haim G. Between Parent and Child. Avon Books, 1975

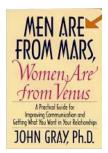
A direct and easily understood method of getting through to your child - and winning his heart. Strives to establish a relationship of mutual responsibility, love, and respect.



Ginott, Haim G.

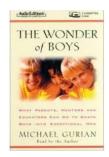
Between Parent and Teenager.
New York: Macmillan, 1969

Still relevant. Solid advice about dealing with particular situations.



Gray, John Men are From Mars, Women are From Venus. New York: HarperCollins Publishers, 1992

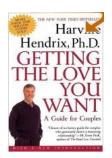
Helpful information regarding gender-based differences.



Gurian, Michael

The Wonder of Boys: What Parents, Mentors and Educators Can Do to Shape Boys into Exceptional Men. New York: Tarcher/Putnam, 1996 (audio tape: Audio Partners)

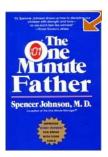
Explains what a boy really needs: a primary and extended family, a relationship with his mother, father and mentors, support from his community, and good discipline. Often cited as the "Reviving Ophelia" for boys.



### Hendrix, Harville Getting the Love You Want: A guide for Couples.

New York: Harper & Row, 1990

The author's purpose in writing this book is to share with you what he has learned about the psychology of love relationships; and to help you transform your relationship into a lasting source of love and companionship. It's a book about the theory and practice of becoming passionate friends.

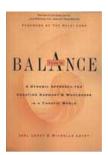


Johnson, Spencer

The One Minute Father.

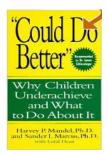
New York: William Morrow & Co., 1983

An excellent approach to managing misbehaviour and bringing forth the best in your children.



Levey, Joel and Levey, Michelle. Living in Balance. Conari Press:Berkeley California, 1998.

A dynamic approach for creating harmony and wholeness in a chaotic world.



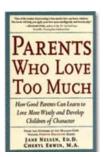
Mandel, Harvey P., and Marcus, Sander I. Why Children Under Achieve and What to Do About It. John Wiley & Sons, 1995

An excellent resource for identifying the under achievement pattern your child is displaying. The authors provide an analysis of the dynamics underlying the under achievement and outline the necessary remedial actions.



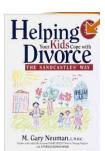
Money, Royce *Building Stronger Families.*Victor, Illinois: Victor Books, 1984

A practical guide for building positive family relationships.



#### Nelsen, Jane and Erwin, Cheryl Parents Who Love Too Much. Prima Publishing, Roseville, California, 2000.

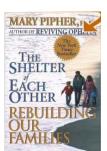
How good parents can learn to love more wisely and develop children of character.



## Neuman, Gary M. Helping Your Kids Cope with Divorce the Sandcastles Way

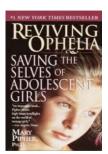
**New York: Random House, 1999** 

An activity-oriented approach for use with children of divorce that is based upon the developmental stages and needs of the child.



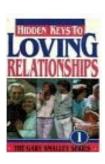
# Pipher, Mary *The Shelter of Each Other: Rebuilding Our Families.*New York: Ballantyne Books, 1996

Challenges each of us to face the truth about ourselves and to find the courage to protect, nurture, and revivify the families we cherish.



Pipher, Mary Reviving Ophelia. New York: Ballantyne Books, 1990

Dr. Pipher's accounts of girls she has treated for over twenty years who are dealing with living in a look-obsessed, media-saturated, "girl poisoning" culture.

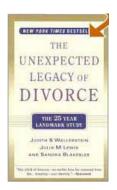


#### Smalley, Gary Hidden Keys to Loving Relationships. Gary Smalley Seminars, 1994

This series covers 18 topics on building relationships taught by Gary Smalley - each about 50 minutes in length.



Smalley, Gary *Hidden Keys to a Loving Lasting Marriage.*Grand Rapids: Zondervan Publishing, 1984



Wallerstein, Judith S., Lewis, Julia M. and Blakeslee, Sandra

The Unexpected Legacy of Divorce: The 25 year landmark study.

New York: Hyperion, 2000

This book examines how adult children of divorce view life differently from their peers who were raised in intact homes where parents also confronted marital difficulties, but decided to stay together. A major source of information

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